

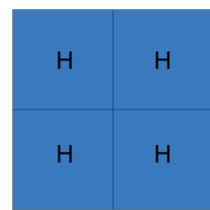
Background fabric cuts from
1 @ 13.75" x 12.25"

- A. 4 @ 4" x 4"
- B. 4 @ 6.5" x 1.5"
- C. 4 @ 3.5" x 2"
- D. 4 @ 2" x 2"



Dark fabric cuts from
1 @ 11.75" x 8.25"

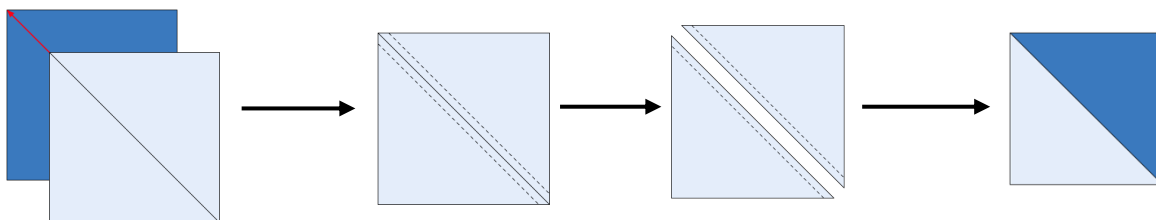
- E. 4 @ 4" x 4"
- F. 4 @ 2" x 2"
- G. 1 @ 1.5" x 1.5"



Light fabric cuts from
1 @ 8.25" x 8.25"

- H. 4 @ 4" x 4"

1. Place an H and A square with right sides together. Draw a diagonal line from corner to corner, and stitch 1/4" on either side of the line and parallel to it. Cut the unit apart along the drawn line. Press the seams toward the darker side. Trim each Half Square Triangle (HST) unit to 3.5" square, remembering to line up the 45° ruler line with your seam.



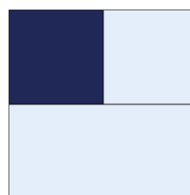
2. Continue making HST units with the remainder of 4" squares, until you have 4 of each combination shown below.



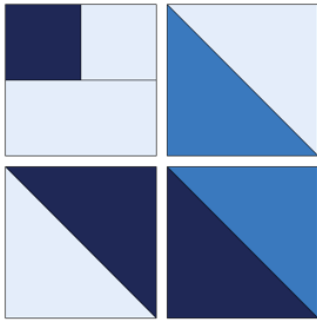
3. Place a D and F square together with right sides together and sew down one side. Press the seam to the dark side. Make 4 of these units.



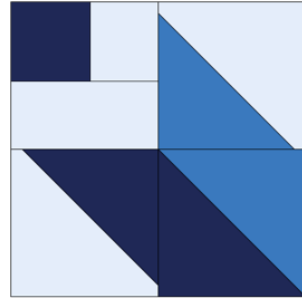
4. Sew a C rectangle to the bottom of every unit from 3.



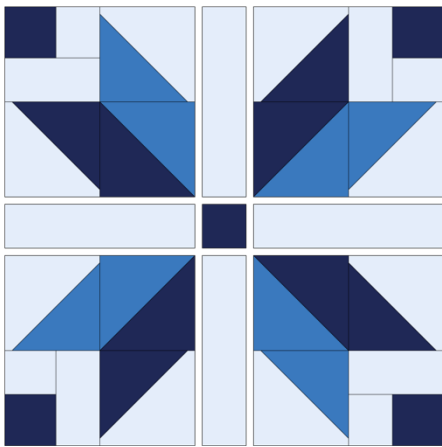
5. Lay out 4 units as shown below.



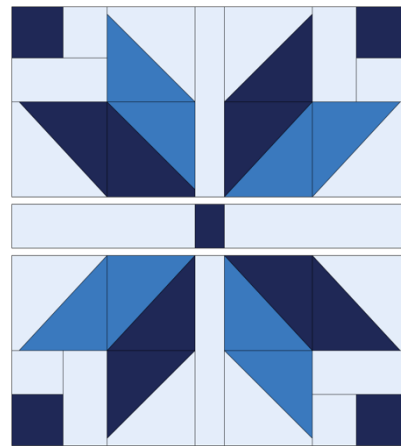
6. Treat the units as a 4-patch and sew them together. Make 4 of these units.



7. Lay out all of the units and fabric pieces as shown below.



8. First join the rows of the block. Press the seams in the top and bottom rows towards the middle, and in the opposite direction in the narrow middle row.



9. Finally join the rows together. Your Nordic Star block should measure 13.5" square.

