

North Carolina Lily Block

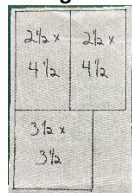
Materials Needed:

Fabric 1. Flowers (requires about 13 x 13 inches of fabric)**

- A. One 4 ½ inch square
- B. Two 2 ½ x 8 ½ inch rectangles
- C. Eight 2 ½ inch squares

Fabric 2. Stems (PROVIDED)

- D. One 3 ½ inch square
- E. Two 2 ½ x 4 ½ inch rectangles

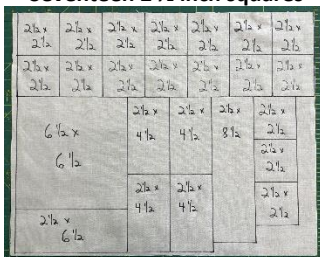


Fabric 2 CONTINUED

- F. Two curved applique pieces (precut)
- G. One rectangle for stem (precut)

Fabric 3. Background (PROVIDED)

- H. One 6 ½ inch square
- I. One 2 ½ x 8 ½ inch rectangle
- J. One 2 ½ x 6 ½ inch rectangle
- K. Four 2 ½ x 4 ½ inch rectangles
- L. Seventeen 2 ½ inch squares

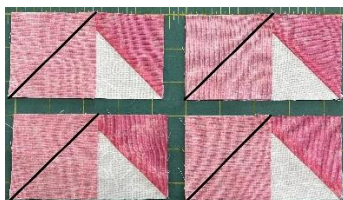
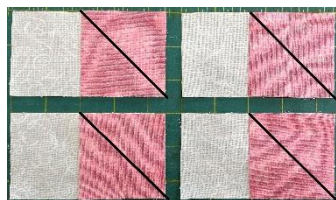


Finished size 14 ½ inches

****Fabric for flowers should be pink, red, or magenta.**

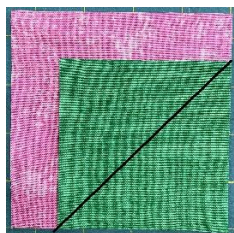
Step 1: Make Flying Geese

Select the eight C pieces and the four K pieces. Using a marking pen or pencil, draw a diagonal line across each of the eight C pieces. Then line up four of the marked C pieces on the the four K pieces as shown below left. Stitch on the drawn line and trim ¼" away from each seam. Press seam toward the color. Repeat at the other end of each K piece with the remaining C pieces, lining up as shown below center. Stitch on the drawn line and trim ¼" away from each seam. Press seam toward the color. You now have four flying geese as shown below right; set aside.



Step 2: Make upper left flower

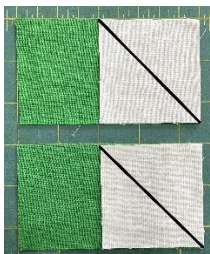
Select pieces A and D. Mark a diagonal line on piece D and line up as shown below left. Stitch on the line and trim ¼" away from the seam. Press seam toward the green. Select two of the flying geese from Step 1, one piece L, piece I and piece J. Arrange as shown below, center. Stitch the white square to the top flying geese piece; press toward the white square. Stitch the vertical flying geese piece to the large square; press toward the flying geese piece. Stitch the top flying geese unit to the larger flying geese unit, aligning the two seams. Press toward the larger piece. Stitch the background piece J to the right side of the flower unit; press toward the background piece. Stitch the background piece I to the flower unit; press **toward** the flower unit. Final unit should look like the photo below right.



Step 3: Make more flying geese

Select the two E pieces and four of the L pieces. Mark a diagonal line on each of the L pieces. Line up an L piece on each of the E pieces, as shown below left. Stitch on the drawn lines and trim ¼" away from each seam. Press seam toward the color. Repeat at the other end of each E piece with the remaining L pieces, lining up as shown below center. Stitch on the drawn line and trim ¼" away from each seam. Press seam toward the color. You now have two flying geese as shown below right.

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Step 4: Finish the two remaining flowers

Select the two B pieces and four of the L pieces. Draw diagonal lines on the four L pieces. Arrange on the ends of the B pieces, with diagonals in opposite directions. Stitch, trim off $\frac{1}{4}$ " and press toward the flower pieces. Finished pieces shown below left.

In addition to these two pieces, select the two remaining flying geese from step 1, the two from step 3, and the 8 remaining L pieces. Arrange as shown in the photo below center (make two of these). Stitch the white L pieces to each end of the flying geese. Press toward the white pieces.

Next, line up the middle strip with the bottom strip; be careful to align the diagonal seams. Pin the diagonals in place first, then baste to see if they are correctly aligned to form one long diagonal piece. Rebaste if needed, then sew the two strips together. Press in the direction that makes the diagonal line look best.

Finally, stitch together the larger double strip and the top flying geese, aligning as shown below. Press the seams in the same direction as the other seams. Finished unit is shown below right.



Step 5: Finish the block

Arrange the pieces as shown top right. Seam the two top units together, and seam the bottom two units together. Press in opposite directions.

Stitch together the top and bottom units, aligning the center seams. Press to one side.

The **final step** is to applique the stems that have been provided. They can be hand or machine applique, raw or turned edge. With either technique, using a marking pen, draw a line from the base of the upper left flower to the lower right corner, as shown below right.

If you choose to raw edge applique, cut each piece on the pencil lines provided, then arrange the two shorter side pieces as shown below right. Be sure that the ends are less than $\frac{1}{4}$ inch from the drawn line so that they will be covered by the remaining stem. Remove the backing, press, and stitch in place using the stitch of your preference; the sample was done using a blanket stitch. Remove the backing from the straight piece, arrange it in the proper position, with the top end overlapping the flower stem. Press and stitch in place.

If you choose to do turned applique, press the raw edges under along the pencil lines, THEN remove the paper backing. Arrange the two shorter side pieces as shown below right. Be sure that the ends are less than $\frac{1}{4}$ inch from the drawn line so that they will be covered by the remaining stem. Press; hand stitch in place. Arrange the straight piece on the diagonal line, with the top end overlapping the flower stem. Press and hand stitch in place.

Trim the end of the long stem so that it is even with the corner of the block.

