



# THE THIMBLEFUL

Capital Quilters Guild

Raleigh, North Carolina

## Next Meeting

Thursday, January 18, 2024

6:30 Social

7:00 Meeting Begins

Location: Temple Beth Or

5315 Creedmoor Road

Raleigh, NC 27612

## Remember to Bring

- Quilts for Show & Tell
- Name Tag
- Membership Pin
- Comfort Quilts
- Workshop Sign-up Sheet
- A Quilting Friend!
- Your dish for the party!

## Content Highlights

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## President's Message

### Hi Capital Quilters!

Happy 2024 - I hope your new year is off to a great start!

Please plan on coming to the January 18 meeting for our annual silent auction (aka Guild garage sale)! This will be a great opportunity to clean out your sewing room and to buy items at great prices. In addition, our Treasurer, Brenda Keeley, will provide the annual review of the Guild financials at the meeting.

There will be six Board positions (listed below) turning over in July. Please consider serving in one of the positions. It is a great way to learn a lot about the Guild and get to know a lot of Guild members. The Board meets once a month in the evening, and attendance can be either in person or via Zoom. We would like to have successors for the positions identified by May. Please contact me at [president@capitalquilters.org](mailto:president@capitalquilters.org) if you are interested and would like more information.

- Vice President
- Secretary
- Comfort Quilts/Outreach
- Membership
- Fundraising
- Member at Large

Consider taking one (or more 😊) of the great workshops we have scheduled for this spring. Next month, Catherine Redford will be teaching walking foot quilting and fabric bowl construction, and in May Sue Heinz will be teaching two quilting design classes. Both teachers are **nationally recognized** and Sue Heinz's classes and lectures were sold out at the Houston Quilt Festival!

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**President's Message (con't)**

I am getting excited about our annual quilt show March 15 and 16. Kelly Wyatt, Ginny Nugent and the quilt show team have been working hard to prepare for the show, which is a fantastic showcase for the talent of our Guild and promotes the art quilting. Please help to make the show a success by entering some of your creations and/or volunteering at judging day or during the show.

*Ann O'Brien*

**Upcoming Events****Guild Activities, Quilt Shows & Vendor Events**

**January 12-13:** Quilting & Fiber Art Marketplace, Sanford, NC

**January 18:** CQG Monthly meeting

**Jan 26-27:** Quilting & Needle Art Extravaganza, Statesville, NC

**February 22-25, 2024:** QuiltCon, Raleigh NC

**February 29-March 3, 2024:** Mid-Atlantic Quilt Festival, Hampton, VA

**March 15 & 16:** CQG 2024 Annual Quilt Show

**April 3-May 25, 2024:** PAQA South, Cary, NC

For more local events, check this site: [Quilt Guilds and Shows in North Carolina](#).

**Block Party**

At the November meeting we celebrated Canada's Remembrance Day, which took place on November 11<sup>th</sup>, with the Canadian Maple Leaf block. We also had a challenge applique block, the Canadian Moose. All kits of both blocks were taken. We had 28 of the 32 Maple Leaf blocks returned at the December meeting. There were two winners of these blocks: Lori Adington and Dawn Sublette. All 12 of the challenge Canadian Moose blocks were returned. The winner of these blocks and a special prize was Maria Kleinman. Congratulations to our winners!

In December we had a Nordic Star block, which was the perfect block to symbolize winter! We had 34 kits, and all were claimed at the meeting. The directions are available on the Capital Quilters Guild website ([Block Party](#) tab) and on Facebook. We are continuing to reduce the number of paper copies that are available and appreciate your cooperation in obtaining the blocks from the website or Facebook. You can also take a photo of the directions at the meeting.

In January we are celebrating Japan; New Year is the most important holiday in Japan. We are showcasing a Japanese Lantern block with Japanese fabrics from the guild stash. We also have a challenge block, which is a paper pieced Japanese Crane. There will be 12 of these available, and the winner of these blocks will receive a special prize in addition to the blocks.

Stop by and see us at the January meeting!

*Thanks, Jan Chvatal, Cindy Prow, and Rosi Hanley*



## **Capital Quilters Quilt Show 2024**

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**Kerr Scott Building – NC State Fairgrounds**

**March 15 and 16, 2024 (9:00 to 5:00)**

Quilt show planning is continuing and we are still looking for people to shadow this year's committee leads to prepare for chairing a committee for the 2025 show. The critical open shadow positions are for the Advertising, Ribbons and Boutique committees. We are just beginning this process and it is a perfect time for someone to assist Marlene, Alice and Jean to learn the process. If you are interested, please email Kelly Wyatt and Ginny Nugent at: [quiltshowchair@capitalquilters.org](mailto:quiltshowchair@capitalquilters.org).

### **Dates to Remember**

January 18 – Volunteer Sign Up begins at Guild Meeting  
 January 19 – Ribbon Making Day at Bernina World of Sewing (10:30-4:30)  
 January 31 – Quilt Show Registration Ends (or when we reach 180 quilts registered to be judged)  
 February 15 – at Guild Meeting – Quilt and Charity Auction Quilts Turn In  
 February 15 – at Guild Meeting – Continue Volunteer Sign Ups  
 February 26 – Quilt and Charity Auction Quilt Turn in 12:00-1:00 Bernina World of Sewing  
 February 27 – Quilt and Charity Auction Quilt Turn in 6:00-7:00 Cary Quilting Company  
 February 28 – Quilt and Charity Auction Quilt Turn in 3:00-4:00 Bernina World of Sewing  
 February 29 – Quilt and Charity Auction Quilt Turn in 3:00-4:00 Cary Quilting Company  
 March 9 -- Quilt Show Preview – Keystone Systems  
 March 10-- Quilt Show Judging Day – Keystone Systems  
 March 13 -- Quilt Show Set up – Pipe & Drape & Quilt Hanging  
 March 14 – Quilt Show Set Up – Vendor setup  
 March 15 and 16 -- SHOW DAYS – 9:00 to 5:00

### **Volunteer Information**

Volunteer Sign Ups will begin at the January Guild Meeting. The Quilt Show cannot be as successful as it is without the help of our Guild Members. We are fortunate that we have a large Guild full of members that are very generous with their time and talents.

Volunteer shifts are 3 or 2 hour shifts with the exception of Quilt Review and Quilt Judging. Those volunteer shifts are all day shifts.

Volunteers should plan on arriving 15 minutes prior to their shift to allow for check in and get any necessary updates from the previous volunteers or quilt show co-chair.

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**Capital Quilters Quilt Show 2024 (Con't)**

Volunteers will receive a maximum of one free ticket to the show regardless of how many shifts they sign up for. Entry tickets can be used at any time during the show.

Below are listed the type of volunteer slots needed. Please review the list and see which ones might match your interest in preparation for sign up night at the January and February Guild Meetings. The Volunteer Committee Chair will be at the Guild Meeting to answer any of your questions.

**Quilt Preview Day** - March 09

**Quilt Judging Day** - March 10—Scribes, Fanners, Runners, Stackers and Recording Secretaries

**Quilt Hanging** - March 13

**Quilt Take Down** - March 16

**Book Sales** - Friday and Saturday (setup on March 14)

**Boutique** - Friday and Saturday (setup on March 14)

**Greeters** - Friday and Saturday

**Guild Quilt Raffle Sales** - Friday and Saturday

**Auction** - Friday and Saturday

**Ticket Sales** - Friday and Saturday

**Request for Books for the Book Sale**

Please contact Karen Wahle at [quiltshowchair@capitalquilters.org](mailto:quiltshowchair@capitalquilters.org) if you have any you would like to donate! She has 20 boxes (about 700-800 books) and would like to double that amount! Thanks!

**SAVE THE DATE!**



CAPITAL QUILTERS  
RALEIGH, NC

**2024 Annual Quilt Show**  
**Fri & Sat March 15 & 16**  
**9AM-5PM**  
**Kerr Scott Building**  
**NC State Fairgrounds**

Hundreds of quilts on display!  
plus...

- ☐ Shop for machines, fabric and notions at the Vendor Market
- ☐ Purchase handmade items at the Boutique
- ☐ Charity Silent Auction, tickets available for Guild Raffle Quilt and much much more!

Call for Quilt Entries will open the beginning of December at [www.capitalquilters.org](http://www.capitalquilters.org)

Vendor inquiries: [capitalshowvendors@gmail.com](mailto:capitalshowvendors@gmail.com)

## Community Outreach

**Thank you!** To every member that has generously donated their time in any part of creating a comfort quilt this month. We are almost half way to our goal! Your hard work is truly appreciated, and you are putting smiles on the faces of many members of our community. You can help in any part of the process by stopping at our table at each guild meeting.

### We need:

Quilters - we have several tops ready to quilt. These can be completed on a home machine or longarm. If you want to learn how to longarm quilt, you can call [Thread Waggle Quilting](#) and set up a time to practice on our tops!

### We have:

Patterns - perfect for some stash busting.  
Kits - simple quilts to piece quickly.  
Batting & Backing - to finish them.

Comfort Quilt Donations			
Charity	Goal for 23/24	Received in DEC	Received this Year
Quilts on Wheels	1000 Quilts!	23	212
Walker Bags		0	20
Quilts for Kids		39	191
Newborn Hats		55	205
Receiving Blankets		0	10
Pillow Cases		20	134
SAFEchild/Green		32	188
Other:		40	271
<b>Grand Total:</b>		<b>Quilts: 591</b>	<b>Total Items: 1231</b>

## Quilt Show Charity Partner

We are pleased to announce that our charity partner for the 2024 Capital Quilters Guild Quilt Show charity auction will be Western Wake Crisis Ministry! The skyrocketing statistics on food insecurity in the US are staggering. The ministry's mission is to partner with those in crisis by helping them gain stability through basic support for food, financial/housing assistance, education, and opportunity. Representatives from WWCM will be at the quilt show so please be sure to stop by and find out more about this wonderful organization. We'd love to receive lots of your beautiful quilts donated for our 2024 auction!

### Theme: Nature

Oxford defines nature this way: the phenomena of the physical world collectively, including plants, animals, the landscape, and other features and products of the earth. Start brainstorming ideas.



### Quilt Rules

**Material:** Along with our fabric, quilted wall quilts, we will continue to allow a small number of wood 'barn' quilts. Due to space limitations, the number of wood quilts will be limited, so email Laurie (quiltshowchair@capitalquiltersguild.org) if you plan to submit a wood quilt.

**Size:** Due to feedback from our guild members, we are allowing a bit more variety in the sizes of quilts. Total perimeter can be between 60 and 80 inches. This allows for some flexibility when working with a specific pattern or idea.

**Other:** Many who bid on our quilts don't quilt or even sew, and the hanging sleeve is much appreciated. A label is also a nice touch, even if you want to remain anonymous. Barn quilts are required to have a hanger in place.

**Quilt Drop Off:** Finished quilts can be dropped off to Laurie Day or Kay Harrell at the January-February Guild meetings.

**Bids:** All quilts will have a minimum bid of \$25. All will have a Buy It Now price of \$75 (or more). Bidding increases in \$5 increments.



## President's

## CHALLENGE

### Quilts in Bloom or

### Art in Quilts

The Capital Quilter's Guild quilt show is the same weekend as the NC Museum of Art's annual Art in Bloom. If you have never been, it is a fundraiser where they have florists create arrangements inspired by a piece of art in the museum. The flower arrangement is displayed with the inspiration piece.

For the President's Challenge, members can approach their design(s) in one of two different ways:

1. **Quilt in Bloom** - a quilt inspired by flowers/gardens, or
2. **Art in Quilt** - a quilt inspired by a piece of artwork (a copy of the inspiration piece should be hung with the quilt).

The quilts should be 96" or smaller in perimeter and should be bound with black or gold fabric provided by the Guild. The quilt will be hung at the show and should have a sleeve on the back.



NC Museum of Art, **Art in Bloom**

## Raffle Ticket Sales Events

My heart is full of thanks. I am still in wonder for the amazing ticket sales at Christmas Carousel over the Thanksgiving weekend. Y'all were generous with your time and energy to tell about our guild and sell tickets. Thank you!

The next event is at the Quilt and Fiber Art Market Place, Dennis Wicker Convention Center in Sanford, NC. Dates are January 12 and 13, 9 AM to 4 PM. Thank you to those who have volunteered to display our raffle quilt and sell tickets. A shout out to Remnants Bee that is covering all the shifts on Saturday. We do each need to purchase an entrance ticket to the show. Our table will be in the foyer.

Then comes the 2024 Astronomy Days at the NC Museum of Natural Sciences, 11 West Jones Street, Raleigh on Saturday, February 3, and Sunday, February 4. Shift times are 9:30 - 11:30 AM; 11:30 AM - 2:30 PM, and 2:30 - 5:30 PM. The list of exhibitors may be found at the museum's website and it all looks child-friendly. Show times are 10 AM - 5 PM. We will display our "sunburst" raffle quilt and have an activity for children, in line with this year's theme of Asteroids and Meteorites. There will be a sign-up sheet at the January meeting with information about parking. Contact me, Sue Ann Jatko, for more information. Thank you!

## Silent Auction at January Meeting

Time to clean out that sewing room and let unfinished, or never started, or once hopeful but no longer, craft, sewing, and quilting projects find joy with a new person. LET IT GO! The bid sheet may be found on Facebook or in this newsletter. New treasures may be purchased by cash, credit card, or checks. Bids will be accepted in \$1.00 increments. Please bundle together small items, same colored or themed fabric, patterns, yarn, notions-type items for easier sale. You may find your next great project or quilt lying on one of the tables!

If your item does not sell, you may pick it up at the end of the meeting. All unclaimed items may become part of the Quilt Show Boutique or donated to charity. You can find the bid sheet on our Facebook page, or click here: [Silent Auction Bid Sheet](#).

## February 2024 Workshops

### Catherine Redford

Catherine Redford was born in England where she learned to knit and sew as a young girl. After relocating from London to Naperville, Illinois, she learned to quilt and never looked back. She's an award winning quilter, an active member of her local guilds, and a popular teacher at the local and national level. Catherine is a frequent magazine contributor and has enjoyed being a guest on Quilting Arts TV. She is enjoying the resurgence of interest in handwork with an embroidery book, *Butterfly Stitches*, published Fall 2020. With two DVDs and a book on Modern Machine Quilting techniques, Catherine delights in finishing her own quilts on a domestic machine. Catherine is also a Bernina Ambassador.



#### Friday February 16, 2024

##### **Walking Foot Quilting-Beyond the Ditch**

For quilters who have tried some walking foot sewing, this class will expand your skills. Learn how to finish your quilts on a domestic machine while enjoying all the control of your walking foot. We will start with a brief discussion of preparing your tops for quilting including marking and basting-then we will make stitched samples of different styles (as seen on Quilt Arts TV ).



#### **On Saturday February 17 Catherine will teach:**

##### **Fabric Bowl Construction**

Learn to make a beautiful bowl or table runner from clothesline and fabric on the sewing machine. 3/16" rope needed. The recommended source for this is [themountainthreadcompany.com](http://themountainthreadcompany.com). Handouts for the bowl and the table runner will be available.

#### **How To Register for the Workshops**

**Click On This Link:** [Feb & May Workshop Registration - 2024](#)

The Workshop Registration 2024 form is available at the Membership table during meetings, on the Capital Quilters Guild website and on our Facebook page.

**Workshop fees are \$55 for members and \$75 for non-members.**

## May 2024 Workshops

### Sue Heinz

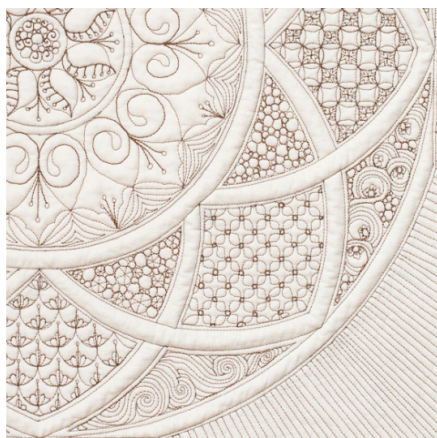
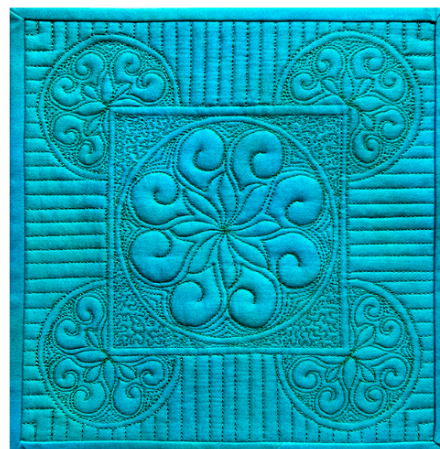
Sold out at the  
Houston Quilt Festival!



Sue's passion is teaching, and she brings to each of her classes a Fine Arts and Education background, over 25+ years of quilting experience, a sense of humor, design expertise and a commitment to help each of her students reach new levels of quilting excellence. She has authored five books, each brimming with fresh design ideas for free-motion quilting, patented several innovative marking tools and has designed some awesome of free-motion rulers – all to intrigue, delight and inspire. For more information about Sue, visit [www.SueHeinz.com](http://www.SueHeinz.com).

#### Friday May 17 Sue will teach: 360 Degree Grids/Sashing That Sizzles

360° Grids - Create Mesmerizing Designs that are Oh, So Easy to Sew! Does this sample look packed with possibilities but too hard to free-motion quilt? Don't be fooled! Let Sue Heinz show you her innovative technique of combining simple grids with her patented, easy-to-use tools. Add Sue's original sashing shapes and step-by-step instruction, and get ready to take your quilting to the next level. All skill levels.



#### Saturday May 18 Sue will teach: Harmonics Fill Harmonics

Create a symphony of background designs that harmonize well together on any quilt -or use just one for a dramatic textural effect. You'll learn how to draw an array of Sue Heinz's unique free-motion and grid pattern backgrounds while she demonstrates with step-by-step illustrations and how-to hints. Your future quilts will be shouting, "Bravo!" All skill levels.

### How To Register for the Workshops

**Click On This Link:** [Feb & May Workshop Registration - 2024](#)

The Workshop Registration 2024 form is available at the Membership table during meetings, on the Capital Quilters Guild website and on our Facebook page.

**Workshop fees are \$55 for members and \$75 for non-members.**



## One Quilter's Experience

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*Darlene J. Silverman*

*I do not hold myself out as an expert. I know that many of you know so much more than I do. I share my experience in the hope of helping newer quilters as well as to stimulate conversation among more experienced quilters. I welcome feedback and differing views, as we are all on this journey together and can only benefit from hearing each other. (If you are reading this in the newsletter, please weigh in on Facebook.)*

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### Art Vs Craft

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I love that, despite all of us having our own opinions on any number quilt-related issues, there are very few true controversies here in quilt world (and no knock-down, drag-out ones, thank goodness!) Pre-wash vs don't pre-wash? Mixing batiks with other cottons vs sticking with one or the other? Press those seam allowances open or to one side? And then there is the definitional one – what is this thing we do? Is it an art or is it a craft?

My handy-dandy dictionary app actually lists them as synonyms. But, as with all synonyms, there are shades of meaning.

Art – the quality, production, expression, or realm of things that conform to accepted aesthetic principles of beauty, show imagination and skill, and have more than ordinary meaning and importance.

Craft – an art, trade, or occupation requiring special skill, especially manual skill

Did that help at all? Yeah, me neither.

We have all looked at a given quilt and said to ourselves, "Wow! That is a work of art!" However, we may not universally agree on exactly which quilts rise to this level or why. I certainly find it difficult to articulate what it is that makes a quilt rise to this level for me. It isn't just that I lack the vocabulary; I lack a certain fundamental understanding. Additionally, I think it might be even harder to recognize the distinction in one's own work. By the time I finish what I consider to be a "show" quilt, I am not only deeply, ridiculously invested in it, but am also heartily sick of looking at it (at least for a while – I always fall in love with it again later!) How can one reasonably judge one's own work under those circumstances?

My daughter is an artist with a degree in fine art and she kindly acts as my (occasional) consultant on aesthetic questions. Additionally, I rely heavily on the influence and advice of my talented friends. I know where my own strengths and weaknesses lie. I understand the geometry and logic of design. I am comfortable with the math and with the mechanics of quilt construction. I have the stubbornness required to re-do steps as often as necessary to get a desired result. I expect I will spend the rest of my life engaged in the long, slow process of honing the skills of a quilter. What I do not have is the imaginative leap that would take me to artistry. Might I get there some day? Possibly, but I rather doubt it – and I won't shed a tear if I never do. Artistry is something I can appreciate and by which I feel enriched, experiencing it in the works of others, even if it is something I will never personally achieve.

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### **One Quilter's Experience (Con't)**

My own feeling is that all quilters are crafters. Some then strive for artistry. Some of those even get there and create true art. This does not change my sense of satisfaction in what I do. I am a proud and joyous crafter. My pleasure in making a well-crafted quilt is undiminished by knowing that others use the same materials to create art. I recently made some baby quilt tops to replenish my inventory. They were simple designs from precuts and scraps, but the satisfaction of a nice flat square top with well-matched seams is still there. Will the baby, or even the parents, notice? Who cares? I am pleased with what I am able to craft. And, ultimately, I do this for me!

It is possible that my lack of ambition to make art is precisely what inhibits my imagination, preventing me from achieving art. Maybe I just lack the requisite drive. However, I think it more likely that some people have the eye, the heart, and the skill to take them there and that I do not. I look at my own quilts, not as potential works of art, but as visually pleasing puzzles of plane geometry – a math game made tangible and warm. So I think that my quilt-making, at least, will be forever a craft. I hope always to get better and better at it and, yes, to flex what imagination I do have in the process.

Where do you stand on the art vs craft issue?

**Coming up:** *The Quilt Police*

### **Need to Contact a Guild Member?**

Due to security and privacy concerns, private emails and phone numbers are not included in our CQG Newsletter. The newsletter is posted on our website, which is in the public domain. Personal information can easily be copied and used maliciously. Consult the Membership Directory on our private Facebook page for member, board, and committee chair contact information.

CONTACT US

[facebook.com/groups/capitalquilters](https://www.facebook.com/groups/capitalquilters)

<https://capitalquilters.org>

[information@capitalquilters.org](mailto:information@capitalquilters.org)